

I AM {  } WHO I SAY I AM

# **Some** women **breakdown** *in boardrooms*



I AM {EYE} WHO I SAY I AM

Others **wait until**  
the **Zoom call**  
**ends**



**They hit**  
**“Leave Meeting.”**  
The little red dot disappears. **Their jaw unclenches.**  
**Their shoulders sink.**



THIS IS THE COLLAPSE THAT  
**FOLLOWS COMPOSURE.**

NOT  
BECAUSE  
**SHE'S  
WEAK**

BUT BECAUSE **SHE'S  
CARRIED TOO  
MUCH, TOO LONG.**

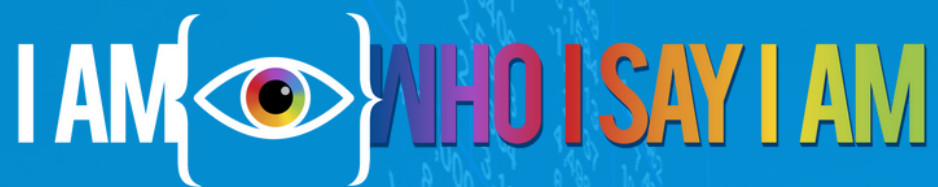
The world  
sees  
her  
**polish.**  
**Her** punctuality.  
performance.



# I AM WHO I SAY I AM IS NOT ABOUT **PUSHING HARDER**

It's about  
coming home  
to yourself.





***Authenticity and confidence starts within your nervous system. Inside the identity you activate.***

See course details, testimonials and sign-up for a Free preview!

